

# NATIONAL TRENDS IN JUVENILE JUSTICE

From the National Center for  
Juvenile Justice, December 2014

**Two-thirds** of youth referred for an offense during 2014 had experienced a form of child welfare involvement.

**Nine in ten** youth who had been previously referred had history of child welfare involvement

**61%** of youth surveyed had been either victims of or witnesses to violence in the past year.

**63%** of violent crimes committed by juveniles occurred on school days.

**70%** of youth in placement said they had "something very bad or terrifying happen" to them and **67%** said that they had "seen someone injured or killed (in person)."

**93%** of juvenile offenders reported at least one traumatic experience. The average number of **different** traumas reported was **six**.

*"Woodland Hills is a safe haven for the abused and broken in an otherwise terrifying world, where healing is gained by understanding strength, education, compassion and hope."*

-Christina, 1990 Woodland Hills Alum



*We are a trauma informed organization that focuses on trauma repair, social development and relationship building — all to create a stronger sense of self.*

*For decades, Woodland Hills Juvenile Justice program has been a leader known to help youth redirect their path to a successful future.*

## TRAUMA INFORMED CARE

Woodland Hills provides a therapeutic, structured, non-secure residential juvenile justice program. A combination of positive peer interactions, trust, safety, and clear expectations allow youth to work through their behavioral and mental health issues.

The core of our treatment is the belief that youth have the potential for responsible behavior. Our goal is to empower youth to partner in their own healing, while showing care and respect to others.

All staff are trained in trauma informed care and our therapists are trained in Trauma Focused Cognitive Behavioral Therapy. We understand the prevalence and impact of trauma on youth and the complex paths toward healing and recovery.

## RESIDENTIAL TREATMENT

### For adjudicated and social service placed youth

**For Males and Females ages 12 - 18  
(up through 21 if designated Extended Juvenile Jurisdiction).**

- **Chisholm 30/Short Term Residential** is our 30 days or less program. The program stresses accountability for behavior and emotional management in order to reduce the need for further out-of-home placement. This gender responsive program challenges youth and teaches responsibility through its cognitive behavioral approach.
- **Long-term Residential Treatment (includes 90/120)**  
The program addresses behavioral, emotional, chemical and mental health needs. Includes gender responsive programming, an individualized treatment plan that addresses criminogenic risk factors, utilizes evidence based practices, and empowers youth to invest in the process of change. Flexible lengths of stays are available based on youth's needs.
- **Community Transition**  
The program offers a healthy living environment for young men to transition back into the community. The program teaches youth the skills needed to live independently and offers services that address education, employment and life skills.



WOODLAND HILLS IS A JUVENILE JUSTICE PROGRAM OF  
THE HILLS YOUTH AND FAMILY SERVICES  
4321 Allendale Avenue | Duluth, MN 55803 | 218.728.7500 | WoodlandHills.org

# WOODLAND HILLS JUVENILE JUSTICE PROGRAMMING

## WE ARE HERE TO HELP

We're proud of our young people. Their success is among you. Our alumni are neighbors, employees, teachers, friends, students, parents, community leaders throughout the country. They are succeeding in schools, their communities, and their homes. Many former alums tell us our programs saved their lives.

## PROGRAMMING OFFERINGS

	Residential Over 30 days	Community Transition	Chisholm 30
<b>CURRICULUM, SKILLS, EDUCATION</b>			
Individualized treatment plan	x	x	x
Full day of education through ISD 709	x	x	x
Independent Life Skills	x	x	x
Cultural education	x	x	x
Social skills and self-image	x	x	x
Cognitive skills building	x	x	x
Educational planning (high school diploma, GED, post secondary education)	x	x	
Aggression Replacement Therapy (ART)	x		
Young Men's Work and VOICES curriculum	x		
Thinking for a Change	x		

## THERAPEUTIC SERVICES

Individual and family therapy	x	x	
Psychiatric consultation	x	x	
Trauma-Focused Cognitive Behavioral Therapy	x	x	
Outpatient substance abuse treatment program	x	x	
Behavioral group therapy	x		
Carey Guides	x	x	

## OTHER SERVICES

Transition/Re-entry planning	x	x	x
Leisure and recreation opportunities	x	x	x
Animal and garden husbandry	x	x	x
Spiritual services	x	x	x
Family Visitation	x	x	x
Community Service	x	x	x
4-H	x	x	
Service learning opportunities	x	x	x
Employment opportunities		x	

## REFERRAL

To learn more about our services or to make a referral contact Michelle Nelson, Admissions Manager at 218.623.6428 or [admissions@TheHillsYFS.org](mailto:admissions@TheHillsYFS.org)



### Highlights

- Integrated best practices - including Thinking for a Change and Carey Guides
- Access to therapy
- Dedicated re-entry/transition specialist
- Located on 140 acres with a small hobby farm
- Animal husbandry and outdoor activity programming

### Assessments

- Youth Level of Service Inventory
- Strengths and Difficulties Questionnaire
- Problem Oriented Screening Inventory for Teenagers
- Ansell-Casey Life Skills Assessment
- Trauma Assessments

### Education Curriculum

- Partner with Duluth's Independent School District 709
- Special education certified teachers
- Traditional school year, plus six-week summer session
- Credit Recovery
- IEP/Personal Education Program

### CADT

- Rule 25 Assessment conducted by licensed CADT staff
- Gender specific outpatient substance abuse treatment provided on campus.
- Relapse plan developed

*"We can't solve problems by using the same kind of thinking we used when we created them."  
-Albert Einstein*

*"This statement is etched in the philosophy of the Hills way. From the moment when youth and their families are greeted with a warm welcome to the moment it's time to say goodbye, we are thankful for the opportunity to provide care, hope and make a difference in a youth's life."  
-Woodland Hills Case Manager*