

The Hills

Youth and Family Services



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Woodland Hills | Cambia Hills | Neighborhood Youth Services

The Hills Short Term Programming

Woodland Hills offers short term (Chisholm 30) and 90-120 day programming for both males and females that focuses on accountability for behavior and emotional management in order to reduce the need for further out-of-home placement.

Youth who have successfully completed the short term program have completed their treatment assignments and were able to demonstrate an increase in social skills.

Roger Robbins, Explorer Case Manager (males) indicates "The program teaches and enforces expectations while instilling pride by developing positive skills in a safe environment."

Allison Carroll, Cougar Case Manager (females) indicated "It's an opportunity for youth to get themselves back on track and realize their mistakes, allowing them to rejoin their home, school and community in a better state of mind."

Immediate openings in our short-term (Chisholm 30) and 90-120 day programs! [Learn more.](#)

Trauma Focused in Youth programming

By Sig Haller, The Hills YFS Clinical Therapist

Individual and family therapy is an important part of the treatment process for juvenile justice clients at Woodland Hills.

Our therapists have training in the techniques and methods of Trauma Focused - Cognitive Behavioral Therapy (TF-CBT) and Trauma Grief Component Therapy for Adolescents (TGCT-A). Family therapy is also available through the teletherapy medium Zoom. Juvenile justice clients certainly have issues with following rules and abiding by the requests of authority figures. However, as they engage in the therapeutic milieu, many if not most of our juvenile justice clients have been exposed and subjected to traumatic events in the course of their short lives.

[Learn More.](#)



Harvest Fest - a favorite tradition for staff & youth

This fall our youth, along with our husbandry program manager, prepared for our annual harvest fest.

A celebration of the youth's hard work in the gardens since spring; the youth prepared and served some tasty food with ingredients from their garden.

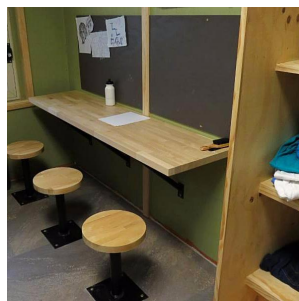
[Check out](#) our latest blog article.



Explorer Unit Gets a Remodel

This summer our Explorer unit got a face lift; it included new wall and floor coverings throughout the department. Each room received new custom desks and closets.

"We created a log cabin feel by accenting walls with half log siding," Facilities manager, Brandon Hieb said. *"We strive to create a warm home like feeling in the departments."*



The Hills Hires Dave Hartford to serve as new PRTF Administrator.

The Hills Youth and Family Services has hired Dave Hartford, former assistant commissioner at the Minnesota Department Human Services (DHS) to run a psychiatric residential treatment facility for children it is building in the Twin Cities.

The Hills is partnering with Kraus-Anderson, TKDA and Architectural Innovations to build a 60-bed, \$15 million facility that will provide mental health services to youth from across the state.

[Learn more .](#)



Openings in all of our residential programming - short term, 90-120 days and long-term.

Questions about the referral process? Email [Michelle Nelson](#) or call her at 218.623.6428.

MAKE A REFERRAL

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