

 **The Hills**  
Youth and Family Services



### The Hills Youth and Family Services Scholarships Available!

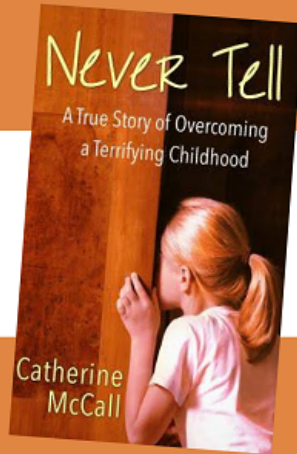
Do you work with current or past participants of any of our programs: Woodland Hills, Cambia Hills, or Neighborhood Youth Services? We are trying to spread the word to former alums on our scholarship program.

Scholarships - up to \$7500 - are available to help fund:

- College Expenses - tuition, room and board, books, etc.
- Training Programs
- Business Start-ups
- Equipment
- And More

Deadline for fall and general requests are due June 15.

[Learn more](#)



A FREE Community Presentation for Trauma Survivors,  
Their Families, and Mental Health Professionals

## CATHERINE MCCALL

International Best Selling Author, Marriage and Family  
Therapist, Psychology Today Contributor

May 8, 2018

1 pm

Holiday Inn

Duluth, MN

May 9, 2018

1 pm

Embassy Suites - Airport

Bloomington, MN

### SAVE THE DATE - Free Community Presentation on Trauma

The Hills Youth and Family Services is hosting FREE community presentations for mental health professionals, childhood trauma survivors and their families on Tuesday, May 8 in Duluth, MN and Wednesday, May 9 in Bloomington, MN.

Catherine McCall, a trauma survivor, licensed therapist (retired), *Psychology Today* contributor, and author of "Never Tell - A True Story of Overcoming a Terrifying Childhood" will talk about repressed memories, why they happen, how they are recovered, and what hurts, helps and heals children who have experience profound trauma.

#### Duluth

Tuesday, May 8, 2018

1 p.m.

Holiday Inn - Lake Superior Ballroom

200 W 1st Street

Duluth, MN 55802

#### Twin Cities

Wednesday, May 9, 2018

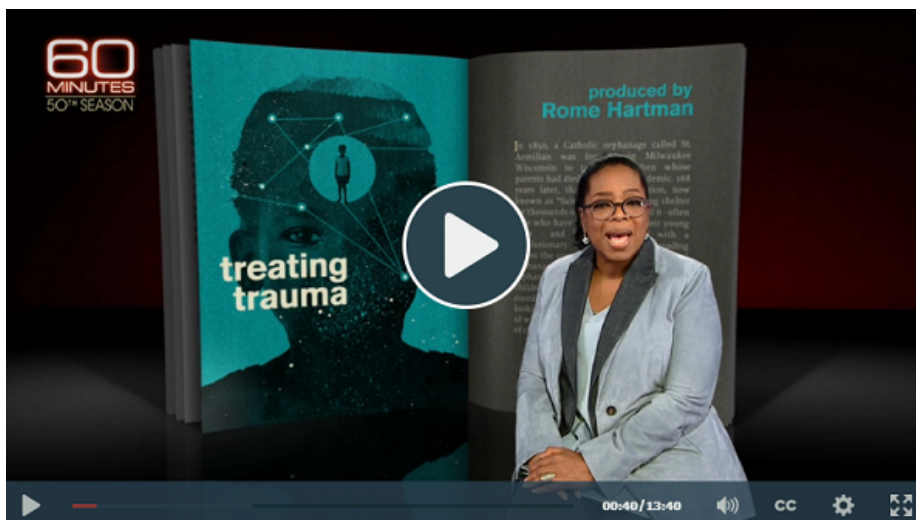
1 p.m.

Embassy Suites - Minneapolis Airport

7901 34th Ave S

Bloomington, MN 55425

**Admission is FREE, but Space is limited.**  
[Register NOW!](#)



Did You Catch Oprah on 60 minutes?

Oprah teamed up with 60 minutes to do a piece about Treating Childhood Trauma?

[Watch it now](#)

As a trauma informed agency, we are committed to focusing on a youth's experiences before trying to correct their behavior. We know this is done by developing healthy relationships with our youth in an environment where they feel safe.

[Learn more](#) about Trauma Informed Care.



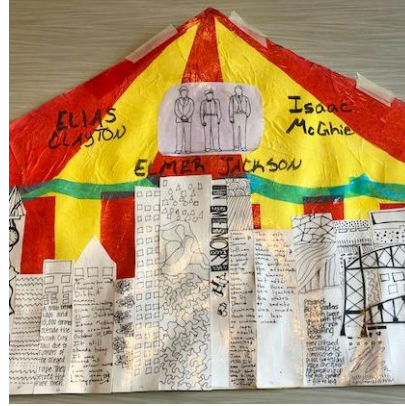
**Rockridge Open House**

ISD 709, the Duluth Public Schools held an open house at the new school - Rockridge Academy for community members, school board members, former teachers and staff. It was an opportunity to tour the new facility, meet the current Rockridge Academy staff, and learn more about The Hills Youth and Family Services.

Community members were pleased to have the building re-opened as a school. Formerly, it was an elementary school and was remodeled this year to open as Rockridge Academy.

Rockridge is attended by youth at Woodland Hills and Cambia Hills residential treatment programs and Cambia Hills day treatment program.

The school is located at [4849 Ivanhoe Street, Duluth, MN 55804](#).



**Black History Posters**

In honor of Black History month, groups were asked to do research on famous (or not so famous) African Americans who had a significant impact on our society.

Each group sent representatives to give presentations to The Hills' staff about their poster. All the groups did a fantastic job educating staff on important members of the African American community.

They taught the staff about the Tuskegee Airmen, Huey Newton, Jackie Robinson, Emmet Till, Coretta Scott King, Michelle Alexander, Alfred Charles Sharpton, Louis Farrakhan Sr., Claudette Colvin, and the Clayton Jackson McGhie Memorial.

Congratulations to the Laker team on their winning poster featuring the Jackson McGhie Memorial.



Openings in all of our residential programming - short term, 90-120 days, and long-term.

Questions about the referral process? Email [Michelle Nelson](#) or call her at 218.623.6428.

MAKE A REFERRAL

Stay Connected    

4321 Allendale Ave, Duluth, MN 55803 · 218.728.7500

The Hills Youth and Family Services, 4321 Allendale Avenue, Duluth, MN 55803