

The Hills

Youth and Family Services



Cambia Hills continues to expand its services.

Early in 2019, we will open our second residential group for females. This will bring our total residential mental health beds up to 40 - 20 males and 20 females.

"We continue to evolve to help meet the needs of Minnesota youth," says Dawn Peterson, Director of Behavioral Health Services. "Our Cambia Hills residential programs has expanded our therapeutic milieu to create individualized treatment plans for each child."

In addition, we have spent the last few months clarifying our admissions criteria. All referrals need to include a current Diagnostic Assessment.

Cambia Hills Mental Health Residential accepts youth who are:

- Males and females who are between the ages of 10 - 17
- IQ of 70 or above without a diagnosis of intellectual disability
- Stable thought disorders
- Non-acute suicide risk
- Mild neuro-developmental disorders
- Function in group milieu
- Low risk of unhealthy sexual behavior
- Low to moderate risk for elopement

- Low to moderate risk for aggression

Cambia Hills Mental Health Day Treatment accepts youth who are:

- Males and females who are between the ages of 12 - 17
- IQ of 70 or above without a diagnosis of intellectual disability
- Stable thought disorders
- Non-acute suicide risk
- Mild neuro-developmental disorders
- Participate in group process
- Low risk of unhealthy sexual behavior
- Low to moderate risk for aggression

Make a Referral

Cambia Hills Staff Leadership Updates



Eric Swiggum, former Cambia Hills Day Treatment Case Manager, has accepted the Falcons Case Manager position. The Falcons are our oldest male residential mental health program - specifically for youth developmentally between the ages of 14-17.

"I am looking forward to returning to the Falcon group and working with these young men," states Swiggum. "Seeing their success has always been the most rewarding part of this work."



Steven Webb, former Cambia Hills Mental Health Practitioner, has been promoted to Case Manager for Cambia Hills Day Treatment Program.

"I am excited for the expansions coming to Cambia Hills and continuing to make a difference in young lives as a part of Day Treatment," indicates Webb.



Cambia Hills of East Bethel Groundbreaking

Cambia Hills of East Bethel is moving forward with a groundbreaking ceremony on Tuesday, December 18 for our new property located in East Bethel. This 60-bed facility will be the first purpose-built psychiatric residential treatment facility (PRTF) in the state of Minnesota for children living with severe emotional disturbance.

“This facility will serve kids with complex mental illnesses who need round-the-clock care but don’t need psychiatric hospitalization,” said Jeff Bradt, The Hills CEO. “It’s an option people have been working to create for over a decade. It’ll help kids get healthier sooner and at a much lower cost. That’s good for everyone – kids, families, communities and the state.”

The facility will open in December 2019.

[Learn more](#)

Referral

Now accepting referrals for all of our programs:
Community-based, Day Treatment, and Residential.

[218.728.7500] [info@TheHillsYFS.org] [www.CambiaHills.org]
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