



Cambia Hills of East Bethel moving forward

Minnesota's children and youth with mental health needs will soon have a first-of-its-kind healing facility where they can receive therapeutic and educational services under one roof.

Cambia Hills of East Bethel will be a 60-bed psychiatric residential treatment facility (PRTF) serving boys and girls ages 6-17. Situated on a wooded site and designed to offer each child a window to nature, the 62,640-square-foot facility will be the state's first purpose-built PRTF.

The project is a unique collaboration between The Hills Youth and Family Services, Northeast Metro Intermediate School District 916, Kraus-Anderson (KA) and TKDA Architects.

"This much-needed facility could not have become reality without the leadership of School Superintendent Connie Hayes and the school board, or the dedication of our construction and design partners, Kraus-Anderson, and TKDA," said Bradt. "They're all helping build a brighter future for many young people and their families."

Learn More

Denfeld location offering Day Treatment and Therapy services



Did you know we have a location in Denfeld, across from Denfeld High School?

We offer an after school day treatment program for youth in grades 8-12. Youth attend their area schools and then participate in 2 hours of treatment – group skills and therapy at Cambia Hills Denfeld.

Our program focus is on supporting mental health in a small setting without removing youth from educational, peer supports or school-based activities that are positive aspects of their lives. We understand that experiences with mental distress doesn't always look the same and too often youth who struggle internally are overlooked.

Additionally, we offer individual community-based counseling appointments for youth and their families. Appointments can be scheduled at convenient times throughout the week.

[Learn more](#)



**When it's too much for parents,
Cambia Hills helps youth deal
with stress, trauma**

Cambia Hills offers a several options



**New Sensory Room added for
Residential Treatment patients**

A new room is being added to the main campus at The Hills Youth and

to help treat youth mental health issues.

Day treatment programs have been established at Rockridge Academy in Lakeside and in the Denfeld neighborhood, an intensive residential treatment program was recently expanded to now treat children ages 10-17; and community-based services are in place at the Washington Center in the Duluth Central Hillside.

Read our latest *blog*.

Family Services.

We are incorporating a large muscle sensory room for our clients to use for de-escalation and processing.

"We know that 'kids need to move' and so we wanted an indoor area where they could 'play', but at the same time use those large muscles for relaxation and calming," said Dawn Peterson, Director of Behavioral Health Services.

Room is currently under construction with plans to open in February.

Referral

Now accepting referrals for all of our programs:
Community-based, Day Treatment, and Residential.

218.728.7500 info@TheHillsYFS.org www.CambiaHills.org

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