

The Hills

Youth and Family Services



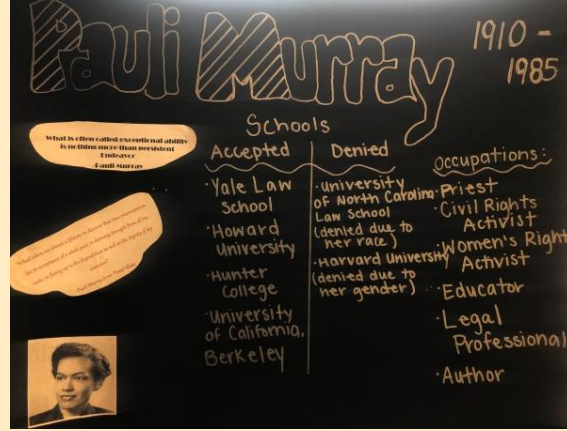
New young boys mental health program

October 2018, we opened a new unit for boys ages 10-14 who were in need of residential treatment. This program has been specifically designed to work with the needs of that age population.

We've learned a lot over these first few months - especially how important it is for movement and in response, we built a large muscle movement sensory room and built in more play time throughout the day.

One of the unique aspects of our programming is our animal husbandry. Youth work with the animals to learn life skills. They love being able to see and spend time with the animals. "There are no words to describe how much I love the animals," says one of our youth in the Cambia Hills residential program. "I do extra barn chores just to hang out with the animals.

Treatment is individualized based on each child's unique needs. Want to **learn more** or **make a referral**? Contact us today! **Email** or call 218.728.7500



Youth celebrate Black History month with poster contest

In honor of Black History month, youth in both Woodland Hills and Cambia Hills residential programs were asked to do a poster project on an African American who made an impact.

Presentation by the Lakers (our female mental health group) included a timeline of influential African Americans and important events that happened throughout time.

Have you heard about Bessie Coleman, the first African American female pilot? The Hawks (our 10-14 male mental health group) informed us about her accomplishments and included a 3D art project they had made of airplanes.

We learned about Hank Aaron from our Trailblazers (one of our male juvenile justice groups). Did you know he went to the University of WI - Eau Claire to improve his swing? And, the Cougars (our female juvenile justice group) told us about Paulie Murray who was denied admissions to the University of North Carolina Law School because she was black and Harvard University because she was female.

These top four groups earned spending cash for an activity with their group.



Follow the progress at Cambia Hills of East Bethel

Good old Minnesota winter isn't going to stop us from moving forward!

Trees have been cleared and buildings removed from the property in the beginning stages of construction of our new facility in East Bethel.

And while we team up with Kraus Anderson to build this life changing facility, we



Welcome new therapist, Paul Goossens

Paul is a Licensed Psychologist with over 30 years' experience providing mental health services to youth, families, and adults in Duluth. He completed his undergraduate degree in psychology at St. John's University, Colleeville, and Master's Degree at UMD. Paul's professional career began at Northwood Children's Services in



Welcome new therapist, Thomas Biley

Tom completed his undergraduate degree in psychology from UMD, and Master's degree in clinical counseling from UW-Superior.

Tom's experience includes working as a Mental Health Practitioner at the Duluth Institute for Psychological and Sexual Health, where he also interned for a year

also continue to grow our partnerships to provide the best treatment.

Together with Northeast Metro Intermediate School District, we are building a comprehensive training for our incoming staff.

Make sure to follow our progress *online*.

Duluth.

After Northwood, he provided community-based psychological services to youth, families, and adults, employed in private practice as well as hospital-based organizations. In 2004, he co-formed Harbor City Psychological Associates, and continues a part time outpatient practice there.

Paul and his wife, Joan, reside in Duluth and have three adult sons.

working with sex offender treatment for adolescents and adults.

Prior, Tom worked at The Hills Youth and Family Services as a supervisor for the girl's mental health residential program. He also has experience working as a floor staff with the male mental health residential program at The Hills.

Tom and his wife, Gabby, and their fluffy dog, Cedar reside in Duluth and are expecting their first child in April.

Referral

Now accepting referrals for all of our programs:
Community-based, Day Treatment, and Residential.

218.728.7500 info@TheHillsYFS.org www.CambiaHills.org

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